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## Message from the President



Dear Members and Valued Supporters:

The Auxiliary to the National Medical Association, Inc. (ANMA) has had a very successful year in spite of political and economic challenges in promoting our theme "Building a Healthier and Safer World through Partnerships, Community Service, and Volunteerism—A Call to Service." Members and friends have done an outstanding job in carrying out this theme.

The major programmatic thrust of the ANMA during this administration was the Triple Negative Breast Cancer (TNBC) Initiative funded by Pfizer. The program was successfully implemented in 15 cities across the nation where we have local and state affiliated auxiliaries and members. ANMA skillfully leveraged its human and financial resources through its membership, medical spouses and friends volunteering their time and expertise; and by partnering with sororities, civic and service organizations, local businesses, churches, and community celebrations. The program reached over 20,000 African American women. In addition, the Auxiliary will host a TNBC Symposium at the convention, featuring a medical oncologist and a triple negative breast cancer survivor. There will also be a "Train the Trainer" segment where members will discuss their respective program and lessons learned.

The ANMA was also a proud supporter of a medical mission to the Democratic Republic of Congo to provide medical education to healthcare professionals and obstetrical services to underserved women. Moreover, youth development continues to be a major focus of the Auxiliary. Character Education coloring books were distributed to 1000 youth across the nation to promote desirable character traits for academic and workforce success. The coloring books will also be distributed at the convention during the formal opening of the ANMA Marketplace.

Additionally, the ANMA advocated for neglected and abused children, high school dropout prevention, excellence in public schools and gun safety. Furthermore, the ANMA proudly awarded \$40,000 this year in scholarships to medical and nursing students through the Alma Wells Givens Medical Scholarship Fund, the Jesse B. Barber, Jr., MD Memorial Scholarship Fund (funded by United Health Foundation), the Lela Duffel Morris National Scholarship Fund, and the Omega/Mason Nursing Scholarship Fund---which will award two nursing scholarships in Toronto.

Lastly, I would like to commend the auxiliaries in continuing their on-going projects and programs. You are making a significant difference in "our" communities, that are often the most disadvantaged and underserved. Yes, "five loaves of bread and two fish fed 5000 people---in our case over 20,000. Enjoy the newsletter! See you in Toronto!

Yours in service,

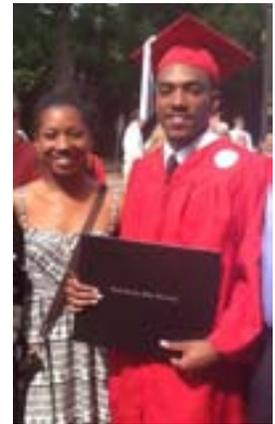
Sharon C. Melvin, RN, MPH

## The Melvin Family Had Much to Celebrate This Mother's Day

Whitney C. Melvin, a junior at the University of North Carolina at Chapel Hill, received the Hayden B. Renwick Academic Achievement Award for undergraduates who have maintained a cumulative grade point average of 3.0 or higher. This is her second year receiving the award.

Additionally, her brother, Judd C. Melvin, graduated from North Carolina State University with a Bachelors of Science degree in Human Biology this past Saturday. Judd plans to pursue a double master's degree at NC State in Microbial Biotechnology and Business Administration.

Judd and Whitney Melvin are the son and daughter of Dr. and Mrs. Al and Sharon Melvin.

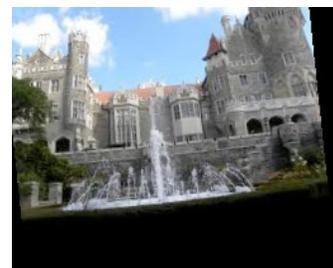


President Sharon Melvin at the White House meeting on the "Fiscal Cliff" with national presidents of the Black Women's Agenda Collaborating Organizations.

### President Melvin Collaborates on National Issues

ANMA President, Sharon Melvin, attended a meeting with the Black Women's Agenda (BWA) and 19 other collaborating organizations' national presidents at the White House in November to focus on the issue facing our National economy. The goal was to discuss the "Fiscal Cliff" and how we may assist in educating our communities on this important issue. The ANMA and President Melvin put together a simple message which was circulated to the membership. It was the goal of our organization to have auxiliaries to spread the word on the impact of the situation and how it could affect them as individuals and their communities.

President Melvin participated in conference calls and other meetings held in collaboration with the Black Women's Agenda working groups on the "Fiscal Cliff" and the Affordable Care Act.



### *Tidbits from the Convention Chair: Sarita Cathcart- McLarin*

Attendees traveling from the United States MUST have Passports

- ◆ Social activities include the Bata Shoe Museum, Woodbine Casino and Horse Racing, Niagara Falls, City and Harbour Tour, Black History Cultural Tour and the famous must see, Casa Loma Castle. Please refer to your **Preliminary Convention Booklet** for full descriptions and details. *Remember*, the ANMA needs your support and attendance at the *Scholarship Luncheon* and the *President's Dinner Cruise*.
- ◆ There are several exciting social activities with various time options - NOTE the additional time slots 9:30 a.m. Each activity is based on 30 participants. REGISTER EARLY to avoid event cancellations!!!
- ◆ **Prayer Breakfast tickets** are limited to "first come" based on 2 limits. Donations will be requested for additional tickets.
- ◆ Arrive early to support the **GOLF tournament!**
- ◆ Be an Individual Sponsor or Corporate Sponsor – NOTE the perks for sponsorships.

### *The Auxiliary to the North Jersey Medical Society*

The ANJMS members were busy from 2012 to 2013 doing a variety of active endeavors. First, we assisted our president, Vivienne Hewitt Esq. in her many duties as president of the ANMA in New Orleans. And we were more than satisfied with all the results!

Also, Scholarships were given to three Plainfield students on June 5, 2012 at their annual High School Scholarship and Senior Award Program night. Awards were presented to seniors, Ayesha Johnson, \$1,000, Joel Amercado, \$750, and Moussa Dukuray \$750 by A.N.J.M.S. members Nira Warner and Arlene McPherson. Vivienne Hewitt is busy planning for our Cornucopia Cruise boat fall fundraiser project along with our treasurer, Sonia Scott.

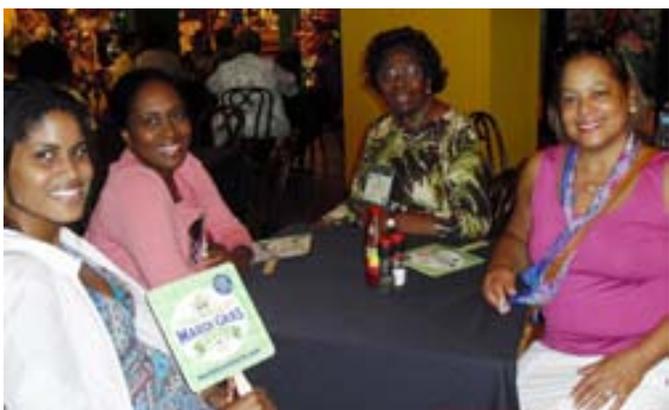
At our annual December Christmas luncheon, donations for “Toys for Tots” , numerous toys were collected and distributed to children with the assistance of Sonia Scott our auxiliary treasurer.

The Auxiliary to the North Jersey Medical Society had a wonderful bus ride fundraiser to the Mohegan Sun Casino resort in Connecticut on May 11, 2013 for scholarship funds. The “One Day Get-away” fundraiser was co-chaired by Sonia Scott and Vivienne Hewitt. We stopped off first for a little outlet shopping at Clinton Crossings in Connecticut and then continued to Mohegan Sun. Our guests enjoyed shopping, gambling and/or the spa. A variety of food such as, Johnny cakes, Panera sandwiches, fried chicken, caoullaloo, and an assortment of beverages were served on the festive bus ride. Movies were also shown on the bus.

We are busy planning our annual Health Fair May 15, 2013 from 9:30 to 3:30 pm in conjunction with the St. Mark’s Episcopal Church in Plainfield N.J. Nira Warner is the chair. It will be supported by volunteer physicians, nurses, and community members. Our featured presentations will be on Breast Cancer (triple negative), Caring For the Elderly, Stroke Screening, Blood Sugar and Blood Pressure Screening, Teddy Bear Clinic for Children, and Careers in Health Care for Teenagers. We will also have a free Eye & Ear Exam trailer provided by the Lions Club assisted by Errol Warner MD.

We are also excited about the upcoming student interviews we will be having with students from various high schools for possible scholarships.

Respectively Submitted By,  
Mrs. Belinda Murray, A.N.J.M.S.



Auxiliary to the North Jersey Medical Society members Belinda Murray and Nira Warner relax and enjoy the Convention in New Orleans with their daughters Nicole Murray and Camile Warner after assisting ANMA President Vivienne Hewitt during her reign.



Auxiliary to the North Jersey Medical Society Annual December Christmas luncheon, members brought donations for “Toys for Tots” , numerous toys were collected and distributed to children with the assistance of Sonia Scott.

## *Auxiliary to the North Jersey Medical Society (ANJMS) Hosts*

### *2nd Annual Mini-NAAYI Program*

On Sunday, June 2, 2013, Dorson Community Foundation (DCF), a non-profit organization located in East Orange, NJ and founded fifteen years ago by ANJMS member Sonia Scott with the mission to provide enrichment programs for inner-city youth in North Jersey, in collaboration with the ANJMS hosted it's second Mini-National African-American Youth Initiative (NAAYI) Program. From an applicant pool of 40 sophomores, juniors, and seniors from high schools all over Essex County, NJ, 15 students, who all demonstrated high motivation and drive towards a career in medicine, health, mathematics or engineering, were selected to participate in the fun and eventful full-day workshop.

Each student arrived by 8:00am, helped themselves to breakfast, and played icebreaker games to get to know each other. At 9:00am, the students were joined by a panel of Guest Speakers, including a female engineer, an RN, a Pediatrician, and an Ophthalmologist who each spoke and answered questions about their careers and personal journeys. Following the Guest Speakers, the students participated in a College and Goal-Setting Seminar where they examined the academic path of a medical professional and discussed their hopes and dreams. Natasha Scott, one of the Program's coordinators and the 23-year-old author of *The College Admissions Bible*, also led a discussion about the college admissions process and the importance of starting early to strive towards your long-term goals.

The students then broke up into 4 groups and were given the task of researching a current health, medical, or technological problem facing society today and displaying their findings in a 10-minute visual and interactive presentation for their peers. Each group gave a phenomenal presentation and explored the topics of The Spread of HIV Among Black Women, Mental Health Stigma and its Societal Implications, Obesity in the Black Community, and the Overdiagnosis of ADHD Among Children.

The day was capped off by a field trip to the Liberty Science Center where the students had fun exploring the different exhibits and watching an IMAX film about underwater wildlife. Upon returning to the DCF offices, each student was rewarded with a \$75 stipend. One student also took the time to express in front of the entire class how much fun she had and how thankful she was for the program and its facilitators. None of the students knew what to expect of the program, but all were pleasantly surprised by the feeling of empowerment and the abundance of knowledge they gained throughout the day.



### *ANJMS 2nd Mini NAAYI Program*



## *Bluff City Auxiliary's Annual Senior Citizen Workshop*

Bluff City Medical and Pharmaceutical Auxiliary sponsored its 19<sup>th</sup> Annual Senior Citizen Workshop, March 19<sup>th</sup> 2013 at the Middle Baptist Family Life Center – Whitehaven. We partnered with MIFA's Senior Companion Program, Porter-Leath Children's Program and Foster Grandparents Program. Two hundred senior citizens attended this program from 9:00 AM until noon. Each year the program consists of several components. This year we focused our emphasis on Triple – Negative Breast Cancer Living Beyond Breast Cancer, Sister Network Memphis Chapter (cancer survivors), free mammograms, exercise for senior citizens, health screenings for blood pressure, glucose, weight and height and a healthy hot lunch provided by Metropolitan Inter-Faith Association (MIFA).

The Sister Network of Memphis is an affiliate Chapter of Sisters Network®Inc., a national African American Breast Cancer survivorship organization. This organization is committed to increasing local and national attention to the devastating impact breast cancer has in the African American Community. The local President and CEO, Mrs. Carolyn Whitney, was the speaker. She shared her experience as a cancer survivor for 13 years.

Dr. Robert Smith, surgeon, spoke to the group about surgery after the diagnosis of cancer. He shared many experiences with the group and x-rays of the breast showing the lump or lumps in the breast. He described how triple -negative breast cancer is different from other types of breast cancer. In the audience were survivors of breast cancer that Dr. Smith had performed surgery. They related their experiences with cancer and the surgery.

Each participant received brochures from the Triple-Negative Breast Cancer Foundation. Brochures were also distributed to the group from the Sister Network®Inc.

Each year, free mammograms are offered to participants who qualify through the Health Fair sponsored by the National Council of Negro Women, Shelby County Section. The mammography mobile unit from Baptist Hospital provides mammograms on site.

The Benjamin Hooks Job Corp provided health screenings for all senior citizens throughout the workshop time. They were screened for blood pressure, glucose, weight and height. One of the instructors at the school was a previous recipient of a Bluff City Auxiliary Scholarship.

An aerobics instructor led the group in exercises for senior citizens with lively music for 20 minutes.

The last activity for the day was the serving of healthy hot meals provided by MIFA. Auxiliary members served the meals to all of the seniors that would like to remain seated.

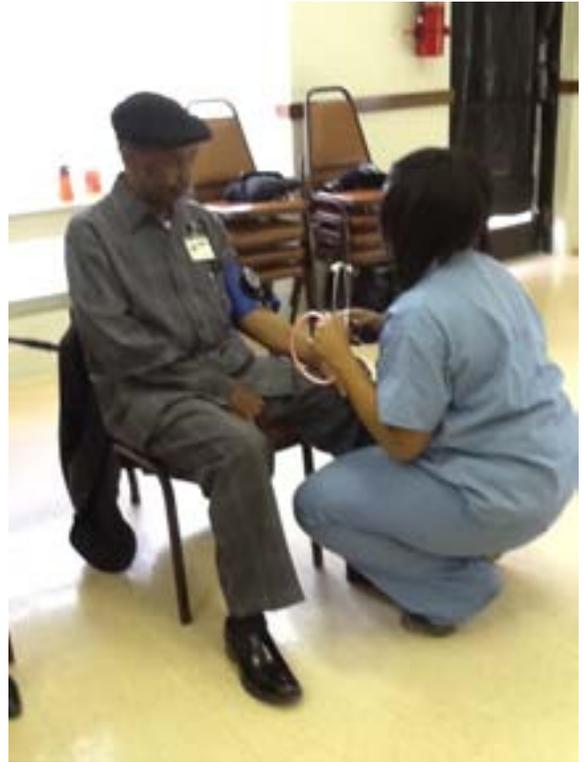
Each year, the senior citizens and auxiliary members look forward to this workshop. The senior citizens are eager to attend and arrive at least a half-hour or more each year. This project shows how Bluff City Auxiliary is serving the community and fulfilling President Sharon Melvin's theme: "Building a Healthier and Safe World through Partnership, Community Service, and Volunteerism – A Call to Service".

Auxilians who participated: Ann Marie Wallace (Welcome), Keena Duncan (Invocation), Sharon Wofford (Inspirational Speaker), Gwendolyn Washington Jones, Evelyn Gibbs, Delores Barnes, Wilma McGee, Jean Smith, and Gwendolyn Sanders (Chairperson).

*Scenes of Bluff City Auxiliary's Activities*



Dr. Robert Smith addressing the group about Triple-Negative Breast Cancer.



This picture shows a student doing a blood pressure check on a senior citizen



This picture shows the senior citizens getting the prepared lunch provided by MIFA.



Auxiliary members serving the meals

## Region V News

### *Auxiliary to the Mound City Medical Forum*

St. Louis, Missouri

Mary Thomas President

Article submitted by Sandra Murdock Vice President

#### **“Building Today for a Better Tomorrow” Making a Difference in the St. Louis Community.**

The Auxiliary to The Mound City Medical Forum had a wonderful year. Auxiliary members participated in the annual **SISTA STRUT** Walk, an Awareness of Breast Cancer for Women of Color, held in October at the beautiful Forest Park.

For 31 years, the Auxiliary has offered Scholarships to qualified nursing students. These comprehensive scholarships provide financial support toward tuition, textbooks, and fees. The Auxiliary scholarship program is renewable annually, upon successful completion of each academic year. In October 2012, the Auxiliary awarded a total of **\$10,000.00** in nursing scholarships to seven students at the Chamberlain Nursing School and one student at the University of Missouri St. Louis. This past May, three of 2012 recipients received BSN degrees from Chamberlain School of Nursing.

October 2012, Auxiliary members attended the Mound City Medical Forum Physicians scholarship dinner, where medical students were awarded scholarships. Sandra Murdock vice president gave a report at the dinner on the activities of the Auxiliary.

On December 8, 2012, the Auxiliary held its annual Holiday Meet and Greet Christmas Cheer reception at the home of Dr. Will and Mrs. Arlene Ross. This event included many young residents and their spouses. ( I have pictures)

On February 14, 2013, the Auxiliary hosted the Annual Valentine’s Day Dinner and Dance, An Affair of the Heart, which is held on Valentine Day. It has been the primary fundraiser for our scholarships for the past eight years and, the second year for the auction. Our nursing scholarship awardees attended the event. Auxiliary members Karen Watkins and Marva Williams received service awards for their hard work and dedication to the auxiliary. The evening was fantastic and fun filled.

In April 2013, Auxiliary awarded an additional \$6,000.00 to a senior nursing student, at Chamberlain School of Nursing.

The Auxiliary members attended the CHIPS Health and Wellness Walk in April , with a marching band to keep us on task. CHIPS is one of the Auxiliary’s partners for Health projects.

May 2013, the Auxiliary participated in the **XXX** Negative Breast Cancer Project brought to the auxiliary by ANMA. The outreach and education to the community was the radio PSA. The Auxiliary was able to reach over 18,000 with the reading of the brochure on radio and many more on POD Cast. 500 brochures were handed to sorority members, CHIPS Health Center community outreach, physician (Ob/Gyn) offices and, churches. Cool Valley Elementary School 3<sup>rd</sup> grade, received the coloring books.

The Auxiliary ended the year by being a silver sponsor for the NAACP Youth Council scholarship luncheon held June 3 2013, at the Marriott Hotel. At the luncheon, AMCMF awarded the last three NAAYI Scholars, graduating seniors with a certificate and a cash award to buy dorm supplies. Their bios were read and pictures were taken with Auxiliary’s Health and Education chair, Sandra Murdock.

The Auxiliary is proud to bring health programs to the community.



*Scenes from the Auxiliary to the  
Mound City Medical Forum  
Activities*



## Region VI News

### *Auxiliary to the Charles R. Drew Medical Society*

*Los Angeles, California*

Our program year was quite busy as we attempted to carry out the theme of our National President, Sharon Melvin, “**Building a Healthier and Safe World through Partnership, Community Service, and Volunteerism-A Call to Service**” and attempting to increase membership.

In December we had our Holiday Social meeting and community outreach activity. Auxilians brought toiletries and linen to the meeting. The toiletries were put in gift bags and were taken to the Tennessee Center for battered women and their children. Holiday songs were sung and members enjoyed hearing the holiday plans of those present.

Our Annual Teen Health Conference was held on February 2, 2013 at Frank Parent School. This event is done in partnership with the Charles R. Drew Medical Society, the Los Angeles and Palos Verdes Chapters of The Links, Incorporated, Mu Lambda Omega Chapter of Alpha Kappa Alpha Sorority; and Rolling Hills/Palos Verdes Chapter of Delta Sigma Theta Sorority. Sessions for the teens focused on Teen Dating Violence; Avoiding the Spread of Infectious Diseases in Teens; Keeping Heart Healthy; Teens Making Responsible Life Choices; Dental Health & Hygiene; Bullying and Self-Esteem and Healthy Lifestyles for longer life. The Adult Forum included AARP Workshop: Early Signs of Alzheimer’s; Diabetes and Obesity in Our Communities; HIV/AIDS and Intimacy; and Keeping Heart Healthy.



Drs. Jordan, Hull and Bowens-Thompson speaks to the students on Making Responsible Choices

The focus of our March meeting was kidney disease. Dr. Randall Maxey, Past President of NMA, gave an excellent presentation on “Kidney Disease in African Americans”. His message was well received by all those present.

In April, our President and Coordinator of the Triple Negative Breast Cancer Initiative, Dolores Caffey-Fleming, gave a presentation on Triple Negative Breast Cancer to our Auxilians. She explained the goals and objectives of the initiative and solicited member to help in spreading the word. April and May were full of Triple Negative Breast Cancer Events with various groups and organizations.

Our final meeting of this program year was great. Since we did not have a scholarship fundraiser, we had our scholarship recipients attend our Brunch Meeting and presented scholarships to Medical, Nursing and Masters of Public Health students. Each student gave a brief bio of themselves. It was a very rewarding meeting, especially hearing about each student in their own words.



Charles R. Drew Medical Society  
Auxilians with the 2013  
Scholarship Recipients

## *Sinkler Miller Auxiliary*

Sinkler Miller Auxiliary held its Scholarship Reception at the home of Auxilian Rochelle Hebrard in Oakland, California. Region VI Vice-President, Pam Fobbs attended this lovely event.



Hostess Rochelle Hebrard at podium; Auxilian Nanine Watson (left) and scholarship recipient look on.



(Left to right) Reception organizers: Barbara Hopper and Carolyn Watson

### ***ANMA in Action***

In May, Region VI Vice President, Pam Fobbs, was invited to attend a Health Forum by the Beverly Hills West Chapter of The Links, Incorporated to discuss Childhood Obesity and to highlight our current ANMA Triple Negative Breast Cancer Initiative.

Also in late May, Regions I and VI of the NMA held their Regional Meeting in Montego Bay, Jamaica. Auxiliary Members in attendance held a meeting to discuss what was thought to be the major problem of our organization— declining membership especially by recruitment, reclamation and retention. Some ideas discussed were to provide membership cards, commercial discount cards and other incentives for members. New members should all receive a “Welcome Letter” from the ANMA along with Constitution and By-Laws, Handbook and Policies and Procedure Manuals. One of the main items was how to get spouses involved in the NMA to allow their spouses to be active members of the organization. The other item of discussion was our maturing membership and lack of interest of young spouses to join because their spouse physician is involved in his/her specialty group and does not know the history of the NMA. It was a very interesting meeting.



**Left to right:** Auxilians Debbie Farris, Louis Pierre Roman, Chair of the Board, Vivienne Hewitt, Ruth Creary, Lisa Brooks and Dolores Caffey-Fleming

# Courtesy and Care



Many Auxilians and their families have faced personal tragedies and health challenges this year. We are a family and your pain and sorrow did not go unnoticed. Please know that as Auxilians we do have a special bond– we are all spouses of physicians. We try to do our best to share with Auxilians the need for prayers, cards, words of kindness and condolences. Please make the National Office aware of events where condolences and acts of kindness are needed.

Please note, Past President, Janet Turner, was diagnosed with Leukemia about 4 months ago. She's been very ill, complicated by her chronic Fibromyalgia, and was hospitalized for 1 month during her initial diagnosis and chemotherapy. She's home now, recovering and awaiting her next therapy session. I am sure Janet would love to hear from Auxiliary members with a card, call, note and most of all your prayers.

It is our hope that you keep your local and our National Auxiliary apprised of such information if the member is willing to share it.

## Former NAAIYI Scholar Receives M.D. Degree

Former NAAIYI Scholar , Trent Davis, Jr., the grandson of ANMA Past President Alice Davis, was recently hooded by both of his parents, Drs. Trent and Pamela Davis as he graduated from the University of Kansas School of Medicine. Trent, Jr. will do a year of Internship in Mississippi and the begin his residency in Radiology at the University of Arizona. He will follow in the path of his mother, Dr. Pamela Davis, his Grandfather, the late Dr. T. Wilkens Davis and his Aunt, Dr. Bonnie Davis and pursue Radiology as his specialty. We are very proud of you, Trent and wish you well as you continue to follow your dream.

## A Very Special Thank You

The job of maintaining a National Office is a very difficult one. It requires a lot of responsibility and the ability to work with many individuals from different time zones and with difficult personalities. It is not always easy to be calm and collective when the caller on the phone is rude. We must all remember that the National Office is a main line of communication not only for our President and other Officers, but for our members.

To Natasha, Mae, Darcell and all who help to keep our organization afloat, **“THANK YOU”** for all of your hard work. Although it may not seem as though your efforts are appreciated, please know that they are appreciated by many. These are difficult times for our organization and it is your energies that keep us in existence. Thank you for your patience and consideration you give to so many requests.



*Auxiliary to the National Medical Association, Inc.*



*Triple Negative Breast Cancer Initiative Activities*



## ANMA Triple Negative Breast Cancer Initiative

This year ANMA President, Sharon Melvin, was successful in securing a grant from Pfizer for a Triple Negative Breast Cancer Initiative. Fourteen Auxiliaries submitted Letter of Intent to participate in this Initiative.

The Goals and Objectives were:

**Goal:** To educate and empower African American women to seek early screening, detection, and treatment for breast cancer to increase their survival rate.

**Objectives:**

- To provide community based educations presentations on Triple Negative Breast Cancer to African American women in at least 10 cities across the nation, reaching at least 2000 women (200 at each site).
- To increase the number of African American women receiving mammograms and screenings for breast cancer, reaching at least 200 women (20 at each site).
- To distribute educational materials and resources on Triple Negative Breast Cancer, reaching at least 10,000 women; (1000 at each site).

Brochures entitled “Let’s Do Lunch” were provided and many participating Auxiliaries and individuals purchased the sanitizing hand wipes with the ANMA logo on it for distribution.

This Initiative had to be completed in a very short time frame. Congratulations to each of the Auxiliaries that participated and were able to provide the deliverables to make this a very successful endeavor. The following Auxiliary/Member participated in this endeavor: Auxiliary to Atlanta Medical Association; Auxiliary to the Georgia State Medical Association; Auxiliary to the Medico-Chirurgical Society of DC; Auxiliary to the Mound City Medical Forum; Auxiliary to the Charles R. Drew Medical Society; Auxiliary to the R.F. Boyd Medical Society; Auxiliary to the Bluff City Medical and Pharmaceutical Society; Auxiliary to the Western Michigan Medical Society; Glenda Wrenn; Regina Wheat-Gbodowey/AKA; Auxiliary to the Mississippi Medical Society; Auxiliary to the Columbus Ohio Medical Society; Prevailing Life Ministries and the Auxiliary to the Durham Academy Medical Society.

Most of the Auxiliaries have submitted synopsis's which follow in this Newsletter. However, the Auxiliary to the Durham Academy participate and will host their event in August. Funding was minimal and all participants were encouraged to collaborate and partner with community based and civic organizations. Many of the participants will continue to “Spread the Word” at future events as evidence of the Initiatives Sustainability.

We would like to thank Pfizer for this grant and for realizing the importance of educating communities. We realized the importance of Train the Trainers. Many members of Civic organizations gained knowledge of this disease through our efforts and have a desire to help us to continue to spread the word.. As a lead organization of the initiative, we will need the continued support of Pfizer. It is our hope that with all of our efforts to promote this initiative, we will be able to have satisfied our specific aim and will be able to receive future funding will enable our ability to achieve sustainability in our much needed communities , thus aiding in the elimination of health disparities.

# Prevailing Life Ministries

Sanford, North Carolina

ANMA Coordinator, President Sharon Melvin

Pastors, Denese and Herman Morris, of Prevailing Life Ministries in Sanford, North Carolina hosted the ANMA Triple Negative Breast Cancer Initiative on May 18, 2013. The event was held at their church and was well attended by the community. The panel consisted of Dr. Keith Amos, a breast cancer surgeon from the University of North Carolina Department of Surgery, Kimberly McLean, a breast cancer survivor, and other health care professionals from the local hospital and community health center. Attendees were able to sign up for the mobile mammogram unit scheduled for a later date. Additionally, attendees that were concerned about their breast health, had the opportunity to consult with Dr. Amos after the workshop and to schedule an office visit. The ANMA coordinator was Sharon Melvin.

Dr. Amos was scheduled to participate in the Triple Negative Breast Cancer Symposium at the 2013 ANMA convention in Toronto, Ontario, Canada. Unfortunately, Dr. Amos passed away unexpectedly in Scotland while on a Dr. Claude Organ, Jr. Travel Award from the American College of Surgeons. The ANMA extends our heartfelt condolences to his wife, Ahaji, and their three young daughters.



Dr. Keith Amos, Assistant Professor of Surgery, Division of Surgical Oncology UNC Department of Surgery



Kimberly McLean, breast cancer survivor

## Triple Negative Breast Cancer Seminar in Nashville, TN

The Auxiliary to the R. F. Boyd Medical Society held a “Let’s Do Lunch and Talk” Seminar on Triple Negative Breast Cancer, Saturday, May 25, 2013 at St. Anselm’s Episcopal Church, 2008 Meharry Boulevard.

The ladies at the luncheon had a good conversation about Triple Negative Breast Cancer with breast surgeon Drs. Robin Williams and Regina Stokes Offodile, and pathologist Dr. Billy R. Ballard. Each physician gave a 10 minute presentation about the disease and then answered questions from attendees during lunch. The ladies who attended the luncheon represented area churches, sororities and businesses in the Nashville community. The Auxiliary made a special effort to get a representation of women between the ages of 20 and 40, and from different parts of the Nashville community. The participants were asked to share information they learned about the disease with their African American sisters in the community. The ANMA “Let’s Do Lunch and Talk” brochure was given to each attendee, along with other leaflets about cancer that were provided by the speakers, and a gift bag provided by the auxiliary. This community outreach program is part of a national educational initiative led by the President of the Auxiliary to the National Medical Society (ANMA), Mrs. Sharon Melvin, with support from Pfizer Pharmaceutical Company, and sponsored, on the local level, by the Auxiliary to the R.F. Boyd Medical Society of Nashville.

Earlier in May, as part of the Auxiliary’s effort to inform the community about Triple Negative Breast Cancer (TNBC), they partnered with Nashville General Hospital at Meharry to assist with its “Mammograms in May” program. This program provides free mammograms to women who make appointments during the month of May. Auxiliary members assembled key chains with assorted beads the sizes of possible lumps found in a woman’s breast. The key chains were placed in lovely pink gift bags provided by the hospital, along with the informative ANMA “Let’s Do Lunch and Talk” brochure on TNBC, the ANMA breast cancer signature canisters of hand sanitizer, and other items provided by the hospital. Auxiliary members were pleased to assist with assembling the gift bags, which were given to the patients upon completion of their exams.



TNBC Large Group – partial view of Seminar participants



From left to right: Dr. Billy R. Ballard, Dr. Robin Williams, Auxiliary member LaTandra Collins, and Dr. Regina Offodile

## President's Sister Takes on TNBC Mission

Region II salutes Mrs. Carol Deese, sister of President Sharon Melvin, for facilitating the Triple Negative Breast Cancer Initiative through her church, The Second Baptist Church of Doylestown, PA, Pastor Robert Hamlin. The luncheon/panel discussion event was held on April 7, 2013 immediately following the Sunday morning worship service in the fellowship hall annex.



President Melvin and Mrs. Carol Deese

During the service the congregation was introduced to ANMA Board Member, Minister Glenda Wrenn, Assistant Chaplain, and Dr. Walter F. Wrenn, III, former NMA Board Member, who briefly explained the purpose of the TNBC Initiative and later participated in the panel discussion. Panelists included a colon cancer survivor, a **male** breast cancer survivor, a healthy diet advocate, and an area oncologist, Dr. King who had recently attended a national medical forum on TNBC. Participants listened intently as Dr. King divulged a prostate cancer treatment which is being used in TNBC cases and made appeals for more African American cancer patients to participate in clinical trials.

Mrs. Deese coordinated a very successful TNBC project. Although seating capacity of the luncheon was limited to under fifty (50) due to space, more than 1,000 TNBC brochures and flyers were distributed to area churches in the conference. The Doylestown project overflowed throughout the state of Pennsylvania even touching New Jersey. Minister Wrenn helped to spread the TNBC word through the Pennsylvania Baptist State Convention, Inc. Women's Ministry (over 300 member churches), the Ministers' Wives and Ministers' Widows Association, and the Hatch Middle School (Annual Health Fair Camden, NJ).

To further extend the efforts of the TNBC project, The Second Baptist Church of Doylestown presented a special Mother's Day TNBC Pledge/Contract signed by members who plan to support a fall health fair where on-site mammograms are provided.



# Triple Negative Breast Cancer Initiative

Submitted by: Regina Wheat (Gbadouwey)

**Be Bold, Be Beautiful, Be Informed... about Triple Negative Breast Cancer!** This was the theme of TNBC awareness event held on June 2, 2013 in Harrisburg, PA. The event drew over 70 attendees including men and women. Dr. Angela Soto, breast surgeon of Oakwood Breast Care Center gave an informative and graphic presentation to describe TNBC. Dr. Soto was joined by a panel of female professionals specializing in: Healthy Eating, Breast Cancer Navigation, and Spiritual Guidance. A TNBC survivor injected humor while sharing her personal story beginning with diagnosis to successful surgery to positive treatment. This event occurred on National Cancer Survivors' Day. Therefore, a portion of the event was dedicated to honoring the TNBC survivor along with other cancer survivors and their caretakers. Attendees enjoyed a healthy lunch and received more than a dozen of resource materials on cancer and healthy living. Due to funding from Pfizer and a sponsorship by ANMA, the Epsilon Sigma Omega Chapter of Alpha Kappa Alpha Sorority, Inc. and the Central Pennsylvania Coalition United to Fight Cancer - CATALYST hosted what many attendees described as a "powerful" event. Let's **Be Bold, Be Beautiful, Be Informed....**



**Be Bold, Be Beautiful, Be Informed... about Triple Negative Breast Cancer Event**



# Auxiliary to the Georgia State Medical Association

*Mrs. Dolores Perez- Collier, President*

The Auxiliary to the Georgia State Medical Association (AGSMA) designed a workshop for the Community and Tri County Area residents in Columbus, Georgia to highlight Triple Negative Breast Cancer (TNBC). The GSMA collaborated with St Mary's Road United Methodist Church, the West Georgia Cancer Coalition and radio stations FOXIE 105 and K92.7. The event took place April 27, 2013 at St Mary's Road United Methodist Church. There were over 80 people served on site during this event. The event included discussions and questions about TNBC, brief questionnaire and how to do self-breast exams using manikins. The "at risk" participants were referred for follow-up services to West Georgia Cancer Coalition, one of the event partners. There was live broadcasting on-site addressing TNBC, its significant impact on African American women and the importance of breast exams and mammograms in detecting "breast lumps" early. The radio broadcasting provided *additional public awareness*. FOXIE 105 is the number one radio station in Columbus, Georgia that targets the African American population! Following the workshop, participants engaged in an "Ask the Doctor" session consisting of several physicians. The session was facilitated by Sylvester McRae, MD and lead panelist, Milliard Collier, MD, Georgia State President. Additional TNBC pamphlets were distributed to multiple hair salons and fitness centers in Columbus and Atlanta. The AGSMA President, Dolores Perez-Collier along with TNBC co-coordinators, Mrs. Rose McRae and Mrs. Sarita Cathcart-McLarin were in attendance and facilitated the event.

*Submitted by Auxilian Sarita Cathcart-McLarin, 2<sup>nd</sup> Vice President*



*(L-R) Auxilians Sarita McLarin, Rose McRae and Dolores Collier, President, AGSMA*



*Self-breast exam demonstration and discussion*



*"Ask the Doc" with medical panelists and facilitator, Sylvester McRae, MD*

***The Jackson, Mississippi  
Medical Association Auxiliary***



The Jackson, MS Medical Association Auxiliary successfully shared the Triple Negative Breast Cancer Initiative information with over 800 African American Women in the state of Mississippi by conducting presentations at six separate annual events between April, 2013 and June, 2013.

Partners were Madison County Alumnae Chapter of Delta Sigma Theta Sorority, Inc., The Links, Inc., Jack and Jill of America, Inc., Medgar Evers Foundation Planning Committee, Pilgrim Rest and Mt. Zion Churches, all located in Mississippi.



***The Jack and Jill Family Fitness Day Event***



# TRIPLE NEGATIVE BREAST CANCER ACTIVITIES

## BLUFF CITY MEDICAL AND PHARMACEUTICAL AUXILIARY

*Memphis, TN*

The September meeting of the auxiliary was introduced to the national theme: “Building a Healthier and Safer World through Partnership, Community Service, and Volunteerism – A Call to Service”. At this meeting, we were also introduced to the “Triple Negative Breast Cancer” as a national project for all auxiliaries. We discussed the topics and planned our activities for the year.



Our annual Senior Citizen Workshop in March was our initial project on the topic. Brochures were ordered from the Triple Negative Breast Cancer Foundation -Living Beyond Breast Cancer for distribution at the workshop. Dr. Robert Smith, surgeon, spoke to the group and described how triple negative breast cancer is different from other types of cancer. In the audience were survivors of breast cancer. They eagerly shared their experiences with the group.

During this workshop, we had a spoke person from *The Sister Network of Memphis an affiliate Chapter of Sisters Network®Inc.*, a national African American Breast Cancer Survivorship Organization. This organization is committed to increasing local and national attention to the devastating impact breast cancer has in the African American Community. She shared her experiences as a cancer survivor for 13 years. Brochures were distributed from this organization.

Participants at this workshop were given information and applications for a free mammogram during the Health Fair sponsored by the National Council of Negro Women, Shelby County Section in April at Southland Mall. The mobile unit from Baptist Memorial Hospital of Memphis provided the mammograms. Auxiliary members participated in the Health Fair by distributing the information provided from the national office, “Let’s do lunch and TALK!”



In the community, auxiliary members distributed the brochures, “Let’s do lunch and TALK!” to local churches, physician’s offices, and hair salons.

Submitted by  
Gwendolyn Sanders

# Triple Negative Breast Cancer Initiative

Columbus, Ohio

Region IV's Triple Negative Breast Cancer event was sponsored by the Columbus, Ohio Auxiliary . It was held on April 23 2013, in Gahanna, Ohio at Lincoln School Health Fair. Auxiliary members distributed educational materials on Triple Negative Breast Cancer to participants and answered questions posed by the participants.



Photos courtesy of ANMA Columbus, Ohio member, Cheryl Noble.

## Auxiliary To The Mound City Medical Forum



### TRIPLE NEGATIVE BREAST CANCER INITIATIVE

The Mound City Medical Forum is excited that they were chosen to participate in the 2013 ANMA Triple Negative Breasts Cancer (TNBC) Initiative.

**Coordinators of the project are Sandra Murdock and Mary Thomas**

**Theme: SPREADING THE XXX NEGATIVE BREAST CANCER Word to the St. Louis Community.**

The Auxiliary to the Mound City Medical Forum made an effort to reach thousands of people in the St. Louis Community with information on TNBC. The project was a success and well received by the community partners.

The one partner that reached the most people was The Murdock Report on WGNU Radio 920 AM. The XXX negative Breast Cancer PSA brochure was read weekly during the month of May, by Mikala Cannon, on Tuesday at 12 Noon. The show was repeated many times during the week and on POD Cast daily. This show reaches an audience of 8,000.

Other partners that received brochures and were educated are Grace Hill Health Center and the office of Dr. Stanley Buck for patient reading and distribution.

A very important partner is CHIPS Health and Wellness Center. The CHIPS program is Health Care Beyond Walls Community Outreach. CHIPS goes out into the community to reach patients. Educational breast cancer information to patients occurred weekly. CHIPS, receives the Mammography Van from Mercy Hospital and 30 patients a month are screened. CHIPS also distributed the literature and educated patients in their community Outreach Program. CHIPS distributed the Hand Sanitizers to their clinic patients. The many patients that were educated on triple negative breast cancer were pleased to get this information.

The St. Louis Chapter of Links, Inc., auxiliary members, and the office of Dr. Jean Thomas, OBGYN were also partners in this project and received the information. The Macedonia Baptist Church's Health Literacy Program distributed the XXX Negative Breast Cancer brochures and hand sanitizers at their health program.

As partners XXX Negative Breast Cancer brochures were shared with the Urban League of St. Louis and Alpha Kappa Alpha Sorority Inc., Gamma Omega Chapter. The information was very well received in the St. Louis community.

# Auxiliary to the Charles R. Drew Medical Society Los Angeles, California

## Triple Negative Breast Cancer Initiative Activities

The Auxiliary to the Charles R. Drew Medical Society (ACRDMS) was involved in many activities to support the goals and objectives of the ANMA Triple Negative Breast Cancer (TNBC) Initiative.

The Coordinator participated in the Train the Trainer session and received certification. The information was initially discussed at a ACRDMS meeting in October with an Auxilian who was a breast cancer survivor. When the ANMA solicited auxiliaries to be involved in this Initiative, we felt it was a perfect fit.

A formal presentation explaining all of the aspects and requirements was presented to the ACRDMS by Coordinator, Dolores Caffey-Fleming. Members were requested to assist in this effort by spreading the word to other church and civic groups of which Auxilians were members.

The Coordinator, accompanied by spouse, Dr. Arthur Fleming, gave a presentation for the Holman United Methodist Church Women on Sunday, April 28, 2013. This was a very interactive presentation with plenty of questions and answers. The brochures were distributed and those present also received the hand sanitizer canisters and provided evaluations. The women felt empowered to pass the word on to family, friends and to other members of the Greater Los Angeles Communities.

A session was held at the Downtown Women's Center on Skid Row in partnership with the Palos Verdes Chapter of The Links, Incorporated. Women attending this session were encouraged to sign up for free mammograms which are offered at the facility.

Presentations were made to a chapter of Alpha Kappa Alpha and the Rolling Hills/Palos Verdes Alumnae Chapter of Delta Sigma Theta. These groups have requested that we partner again to have a large Community event in October- National Breast Cancer Awareness Month to further spread the word.

On May, 8, 2013, a presentation was provided for the Greater Los Angeles listening area on KTYM's "Good News Radio Magazine" sponsored by Charles R. Drew University of Medicine and Science. The coordinator and a breast cancer specialist, Dr. Rebecca Alleyne, and a breast cancer survivor, Pastor Rhonda Santiffee provided information to the audience on TNBC and the audience called in with their questions. This broadcast reached several thousand listeners in the Greater Los Angeles area, many of whom are African Americans.



Our last events was with the Palos Verdes Chapter of The Links, Incorporated were women received educational materials, participated in hands on breast exams and were informed by Dr. Karol Bowen-Thompson of the importance of early detection. All brochures were distributed and canisters were given at various presentations and health fairs. A total of 83 evaluations were collected.



## ***Dates of Importance***

July 26, 2013 – Pre-Convention Board Meeting

July 27-31, 2013 – ANMA Convention-Toronto, Canada

July 31, 2013 – Post Convention Board Meeting 3-5 p.m.

SEE YOU IN TORONTO!



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